

Nada Catholic Daughters celebrate 50th anniversary

Sunday, Feb. 17, 2002, Court Our Lady of the Rosary #1595, Nada, held its 50th anniversary celebration of its founding. The Court was instituted Sunday, Feb. 17, 1952 with 65 Charter Members.

The celebration began with the Mass at 9:45 a.m. The reception and program followed in the Parish Hall. Ernestine Schneider, current Regent of the Court, extended a welcome and expressed her appreciation to all

the CDA members and guests who took the time to help celebrate this special occasion with the Court. Bernita Korenek, a past Regent of the Court, introduced special guests of the Court. The Rev. Joe Koebel, Chap-

lain of the Court; Libby Ramirez, National Director; Dee Scheetz, First Vice State Regent; Dorothy McKinney, District Deputy #37; Margie Swoboda, District Deputy #14; Jo Ann Jalufka, State Scrapbook Chairman; Charlene Gwosdz, State Newsletter Editor; Regents of Courts in the area; visiting Catholic Daughters and guests.

A Memorial Service was held to honor the 83 deceased members who gave of their time, talents, ideas, knowledge and dedication to this great organization of Catholic Women.

The invocation was given by the Chaplain, Rev. Joe Koebel, after which a delicious catered meal was served with an anniversary cake for dessert.

The Court History was presented by Anna Lou Kasimiersky and Bernice Kallina, past Regents of the Court, emphasizing the wonderful works of Unity and Charity performed by the members of the organization.

Korenek announced the names of the attending Charter members who were present.

Ramirez, the National Director, presented the 50 year CDA pins to each member.

Ramirez thanked these members

for all their support and leadership throughout the last 50 years.

Scheetz, First Vice State Regent, congratulated the Court on their 50 years of outstanding work and Unity and Charity.

Ramirez extended her congratulations to the Court on their many accomplishments throughout the last 50 years.

McKinney expressed her congratulations and good wishes to mem-

bers on their 50th anniversary. She commented that she enjoyed the time she spent with the Court.

Rev. Koebel commented on the good works the Catholic Daughters do for the church and the community.

He then led the closing benediction.

Schneider thanked everyone for coming and sharing their time with the Court on this momentous occasion.



These Charter Members of Court Our Lady of the Rosary No. 1595, Nada, Texas received their 50 year pins at the anniversary celebration held Feb. 17. Seated, from left, are Tillie Janish, Leona Wesselski, Julia Zbrank, Lucille Till, Jessie Pavlicek and Anna Lou Kasimiersky. Standing are Annie Schneider, Mary Hoffman, Rose Mary Wied, Esther Popp, Mary Ann Waligura, Josephine Popp, Ernestine Bubela, Lily Pinchback, Rose Staff, Viola Frels, Jeanette Mazoch, Evelyn Drlak and Ella Buzek.

Photo Courtesy of Ernestine Schneider

Kids eat more when served large helpings

Keeping kids' mealtime portions under control could be helping pint-size diners avoid super-sized appetites and whopper waistlines.

In a study of how serving sizes affect the food intake of young children, Baylor College of Medicine researcher Dr. Jennifer Fisher found that preschool children ate 25% more macaroni-and-cheese on days their lunch plates contained a "double order" of this kids' favorite.

And, because they didn't compensate for the extra calories by cutting

back on other foods served with lunch, their total lunchtime calories jumped 15%.

"These findings suggest that regular exposure to 'super-sized' portions encourages overeating among children," said Fisher, a behavioral nutrition researcher with the USDA/ARS Children's Nutrition Research Center at Baylor. "These findings are also warning flags, because we know that families today eat out much more often than in the past and away-from-home portions keep getting larger."

RAIDER REVIEW

The Raider Review is published by the Journalism Department of Rice High School. The opinions reflected are those of the students and not the administration nor The Eagle Lake Headlight unless otherwise stated.

Rice students participate in livestock exhibition

By Kayce Wilkerson

Recently, students involved in the RHS FFA traveled to San Antonio compete in various events there. All students did well and are commended for the hard work they have done preparing for the show.

The students who participated in the Commercial Steer division and placed were, Camille Staff, reserve

grand champion; Dane Krennek, 4th; Lauren Spanihel, 7th; Andrew Varley, 9th; and Jess Little, 12th.

Staff received a \$6,000 scholarship in reward for her steer. Spanihel received an award for best record book and Varley scored a perfect score on the test taken in commercial steer competition.

Those participating in various events such as the Halter Steer division were Chad Mahalic and Jake Staff. Mandy Staff and Kimberly Waligura participated in the Market Broiler division at the stock show also.

Students who showed and placed with their heifers were Heather Shanks, 9th, with her Brahman Heifer

and Laura Engstrom, 3rd, with her Santa Gertrudis Heifer.

Competing with their hogs at the stock show were Aaron Yanez, Alyson Lanier, Larry Ross, Robert Scott, Clifton Kazmir, James Ochoa, Ronnie Vasquez and Carlos Gonzales.

Congratulations to Vasquez and Gonzales who placed in the top 20.

The participants in the Ag Mechanics division at the livestock show were Lance Bittner, Garrett Cranek and Vasquez who placed 5th in their division with their five bale hay van.

Lauren Spanihel and Leslie Wolard placed first in their division with their portable cattle chute.

Jeffrey Leopold also entered the

competition with his eight-foot utility trailer as well as Chance Waligura and Bubba Woolard who entered a hydraulic hay fork.

The junior horse and livestock judging team also participated in the events held in San Antonio.

Congratulations to all the winners and best of luck in Houston!

Accidents consume RHS students

By Meagan Staff

It's amazing how spring sports have just recently gotten started and so many students who are involved

won't be taking part due to some sort of accident.

Alyson Lanier broke her leg while

practicing for basketball in the middle of the season. She would be playing tennis now if it weren't for this injury.

Michael Spears, while goofing around at home, managed to crack his ankle, taking him out of basketball for the rest of the season. This was a real bummer for the basketball team who was in the playoffs.

Dustin Krennek broke his arm in a brawl with his calf. He too will be out for some time.

George Castillo and Brandon Jenkins would be attending baseball prac-

tice these days if it weren't for this same problem. While wrestling with friends, George broke his leg and Brandon slammed his knuckles in a door and will be out for 4-6 weeks.

Patrick Milentz just recently had surgery on his knee to fix his 2001 football injury. He is out for the 2002 tennis season and hopes to get back into golf before the season is done.

We hope these students will recover soon. Everyone stay safe and out of trouble. Accident-prone people tend to find trouble everywhere.

2002-03 Yearbook-broadcast sign-up

By Jessica Thomas

It's time to select the 2002-03 Yearbook/Broadcast staff. The job of the staff is designing, drawing, and selling the yearbook, and also involved in the weekly school news broadcast, "It's Friday."

Four very talented juniors and seniors will be chosen for each of these positions in addition to returning staff members Erin Gold and Amanda Burrow.

Melody Grigar, sponsor of the staff, will be the one who will make the final decision on who will come aboard. Several requirements must be met before being selected. Mrs. Grigar

will be getting recommendations from all the applicants' English teachers, and will be talking to their art and BCIS teachers.

All applicants must have good writing and speaking skills and be responsible and self-motivated.

Next year a possibility for a new class will be a low-wattage radio station. This class will be sponsored by Charlie Seay, and will count as a Journalism credit.

In addition to the radio station, they will also be taking over the Raider Review news in the Eagle Lake Headlight.

Insurance

Continued from Page 2

cruit and retain accomplished teachers and help to ensure a quality education for every child in Texas," stated Rep. Cook.

The TRS-ActiveCare will begin by covering smaller school districts in Texas and then allowing larger school districts to opt-in to the program if they choose.

The state is currently negotiating rates with Blue Cross/Blue Shield, which will provide the insurance coverage, and Merck-Medco, the prescription drug provider, to attain the best rate for those participating in the plan.

The new plan will give teachers a wide array of choices, with a network of 30,000 Texas physicians and 400 hospitals, as well as a widely available pharmacy program.

Already, nearly one in four Americans are covered by the prescription

drug program in which Texas teachers and school employees will soon enroll.

Starting with the 2002-03 school year, every teacher and school employee in Texas will receive an annual \$1,000 benefit from the state to help offset the costs of healthcare. Teachers and school employees will be able to use the money to expand their health coverage and cover medical expenses tax-free, or receive the money as a direct payment into their monthly paycheck.

"This plan will give teachers and school employees flexibility in health care choices and the ability to choose the best option for themselves and their families," said Cook.

For more information, please visit the State of Texas website at www.capitol.state.tx.us.

RHS English I students 'Share Their Dreams'

By Glenda Beall

Mrs. Beall's English I students participated in the "Share the Dream" essay contest sponsored by Coca Cola. The essays will be judged at the company's Houston office.

Coke is offering prizes of scholarships and personal computers to the winners and finalists.

"Share the Dream" essays addressed the theme: Education is the key to unlocking success. What keys did you make for yourself to move into the future?

These students, along with quotes from their essays, state the following:

Jessica Escobar: "Students that are successful have courtesy and honesty. Courtesy is the act of civility and respect. Honesty? It is the purity of sentiments and principles. These will help us be a better student, friend, classmate, and child."

Laura Garza: "I want to become a registered nurse. Becoming an RN means so much to me because I have two wonderful parents who have an

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Medicines Useful in Sore Throat

A sore throat (medical term is *pharyngitis*) is a common problem associated with the common cold, influenza ("flu"), infectious mononucleosis, thrush, and strep throat. Sore throat sometimes is misunderstood to be due to bacterial infections, but more often is caused by a virus. Bacterial sore throat typically is associated with pus in the throat, a slight to moderately high white blood cell count, and mild to moderate fever. But with a viral sore throat there usually is no pus discharge, and the white blood cell count typically is normal.

There are many approaches to dealing with the pain and discomfort of sore throat. The over-the-counter medicines often provide a high level of pain relief. These include *aspirin*, *acetaminophen*, *ibuprofen*, *naproxen*, and *ketoprofen*. Local anesthetics in some throat lozenges also help relieve pain. And interestingly, frequent gargling with warm, salty water may provide dramatic sore throat relief. In the rare instances when sore throat is proven to be due to a bacterial infection (via a throat swab test), prescribed antibiotics such as *penicillin* or *erythromycin* may be in order. Antibiotics are *ineffective* in sore throat caused by viruses.

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Newsbriefs

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Wharton TCE safety seat check-up is March 23

The Wharton County Office of Texas Cooperative Extension (TCE), in cooperation with other partners, are sponsoring a free child safety seat check up event Wednesday, March 23, from 12 to 3:30 p.m. at Eastgate Plaza, Boling Highway (FM 1301) in Wharton. Parents will learn how to choose the right seat for their child, properly secure the safety seat in a vehicle, properly secure the child in safety seat, understand the dangers of airbags, and graduate their child to a booster seat. Children must accompany parents and grandparents, babysitters, etc. must bring a signed statement from the parents. This program is open to everyone. Please call 979-532-3371 for more information.

Study Club planning museum tour

The Eagle Lake Study Club is sponsoring a bus trip to Austin Wednesday, April 10, to tour the Bob Bullock Texas State History Museum. A group of at least 40 is needed to charter a bus. The charge for bus transportation and museum tickets will be \$27 per person. Eating facilities are available at the museum. Anyone interested in making this tour with the Study Club is invited to call Fair Wells at 979-234-3105, Betty Wilcox at 234-3554 or you may drop off your money at Wintermann Library if more convenient.